

Saddle up for an Irish treat



Scenic delights of The Atlantic Way.

ANYONE who might have enjoyed the St Patrick's Day celebrations which recently took place around the country might have been stirred enough to think about rediscovering some of the rugged beauty of the saint's homeland, particularly the West of Ireland.

IrelandWays.com is recommending that two of the best ways to see this area in all its glory is either on foot or by bicycle – especially by using the latest arrival to the CaminoWays.com family, which has a selection of fantastic walking or cycling holidays on the Wild Atlantic Way, all the way from Kinsale to Derry.

In particular, they have two routes that are just ideal for a spectacular journey that will provide the best of the wild West of Ireland and they claim that whether you're a walker or a cyclist, one of these routes is perfect for you.

The Dingle Way in Kerry - This route is ideal for walkers thanks to the stunning coastal paths and relaxed and peaceful country tracks. On this route walkers will discover the rich archaeological heritage of the area as well as some gorgeous beaches that are

perfect for a picnic. They will also get the chance to stop for a St Patrick's pint at Tom Crean's pub in Annascaul.

Prices start at €278pp for a three-night short break walking the Kerry Camino section of the Dingle Way, but you can extend your trip to eight nights from €883pp.

The Great Western Greenway and Achill Island in Mayo - If you're a cyclist then this is the route for you. The Great Western Greenway follows the old railway from Westport to Achill and is the longest traffic-free, off-road, cycling trail in Ireland. This route also allows cyclists to explore Achill island's scenic country roads and admire the amazing views of its beautiful coastal landscapes. This path is great for both beginners and families alike.

Prices start at €330pp for a three-night short break cycling The Great Western Greenway and Achill Island, but you can extend your trip to five nights from €620pp.

The prices include accommodation on a half-board basis, luggage transfer from hotel to hotel and holiday pack with practical information. Discounts apply for children.

Prices do not include flights, insurance, transport and bike rental, and offers are subject to availability.

To find out more about these and other holiday offers visit www.irelandways.com, or alternatively you can e-mail info@irelandways.com or call +353 1 525 28 86.